

# George Smith

## Nutritionist

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### Profile Summary

Passionate and dedicated nutritionist with over five years of experience in promoting healthy lifestyles through individualized dietary planning and evidence-based nutrition education. Adept at collaborating with diverse groups of patients to achieve sustainable health improvements, leveraging extensive knowledge of nutritional science, and effective counseling techniques.

### Work Experience

#### Senior Nutritionist

Healthy Living Clinic

1st Jan, 2018 - Present

- Designed and implemented personalized nutrition plans for over 200 clients annually, resulting in a 30% improvement in patient health markers.
- Led the weekly health workshops, increasing clinic participation by 50% through engaging content and interactive sessions.
- Collaborated with interdisciplinary teams to develop comprehensive wellness programs that enhanced patient outcomes by 25%.

#### Nutritionist

Wellness Co.

1st Aug, 2015 - 31st Dec, 2017

- Provided nutritional guidance to corporate clients, resulting in a 20% increase in employee wellness scores.
- Developed an online nutritional information database which was accessed by over 5,000 users in the first year.
- Conducted nutrition seminars, receiving a 95% satisfaction rate from participants.

### Education

#### Harvard T.H. Chan School of Public Health

Master of Science in Human Nutrition

1st Sep, 2013 - 31st May, 2015

#### University of California, Berkeley

Bachelor of Science in Nutritional Science

1st Sep, 2009 - 31st May, 2013

### Skills

Nutritional Counseling, Diet Planning, Public Speaking, Research Analysis, Team Collaboration

## **Notable Projects**

### **Community Nutrition Initiative**

Developed and led a community-based nutrition program to educate low-income families on affordable and healthy eating, impacting over 500 families in the first year.

## **Certifications**

### **Certified Nutrition Specialist**

Issued by Board for Certification of Nutrition Specialists, 10th Mar, 2018

## **Awards**

### **Excellence in Nutrition Education**

Awarded by American Nutrition Association, 15th Jul, 2020